

Make It Through (3:15)

Guitars, : Eric St-Laurent, Heather Luckhart
Bass: Eric St-Laurent
Hammond B3: Attila Fias
Drums: Heather Luckhart, Vez Tayyeb, Eric St-Laurent

Too Tired (3:35)

Wurlitzer, synth bass: Attila Fias
Guitars: Vez Tayyeb
Percussion: Heather Luckhart
Background Vocals: Attila Fias, Vez Tayyeb, Alison Young, Goerge Koller, Robert Ball

Hard Times Come Again No More (4:31)

Guitars: Eric St-Laurent
Wurlitzer: Vez Tayyyeb
Bass: George Koller
Tenor saxophone: Alison Young
Background Vocals: Heather Luckhart

Let It Out Like (4:05)

Guitars: Eric St-Laurent
Bass: George Koller
Tenor sSaxophone: Alison Young
Hammond B3: Vez Tayyeb
Background Vocals: Robert Ball

Runnin' (3:10)

Guitars: Eric St-Laurent, Vez Tayyeb, Heather Luckhart
Synth keyboards: Vez Tayyeb
Synth bass / bass guitar - Eric St-Laurent
Background vocals: Heather Luckhart
Tenor Saxophone: Alison Young

Tender To Me (4:10)

Guitars,: Vez Tayyeb, Heather Luckhart
Hammond B3: Vez Tayyeb
Bass: Eric St-Laurent
Drums: Heather Luckhart, Vez Tayyeb, Eric St-Laurent

Come Closer (3:40)

Guitars: Eric St-Laurent
Bass: George Koller
Drums: Heather Luckhart, Vez Tayyeb, Eric St-Laurent

Good Storm (3:01)

Vocals and synthesizer: Heather Luckhart
Lead guitar, synth organ, bass: Eric St-Laurent
Rhythm Guitar: Vez
Drums: Heather Luckhart, Vez Tayyeb, Eric St-Laurent

I've Got Something (3:39)

Vocals: Heather Luckhart
Guitar: Eric St-Laurent

Whole Lotta Me (3:17)

Guitars, Hammond B3, drum programming: Vez Tayyeb
Synth bass: Eric St-Laurent
Wurlitzer: Attila Fias
Synthesiser: Heather Luckhart

Soulshine (4:34)

Guitars: Eric St-Laurent
Hammond B3: Vez Tayyeb
Drums: Heather Luckhart, Vez Tayyeb, Eric St-Laurent

Clear Outta Here (3:35)

Vocals: Heather Luckhart
Upright bass: George Koller

Lead vocals on all tracks - Heather Luckhart